

# Passing and Support

We are concentrating on passing but also incorporating movement within the drills.

As movement is so important within the game of football, it is good to get players used to the principles at an early age.

These two exercises will help give players an appreciation of where and when to support the player in possession of the ball.

## Passing: What to consider?

- Selection of pass
- What do you see?
- Position of team-mates
- Position of opposition
- Position on the field (safety and risk)
- Tactical objectives
- Individuals technical capabilities

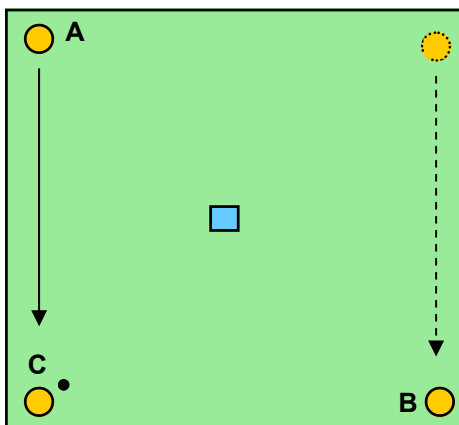
## Making the pass:

- Timing of the pass
- Pace or power of pass
- Disguise of pass

## Support:

- Angle of support
- Distance of support
- Communication

10 x 10 - 3 v 1



Practice 1

### Practice 1

Good practice for getting players used to moving into a position to support the player on the ball. E.g. **B** has to adjust position upon **C** receiving the ball from **A**. You could start without a defender, so players can get used to the movement.

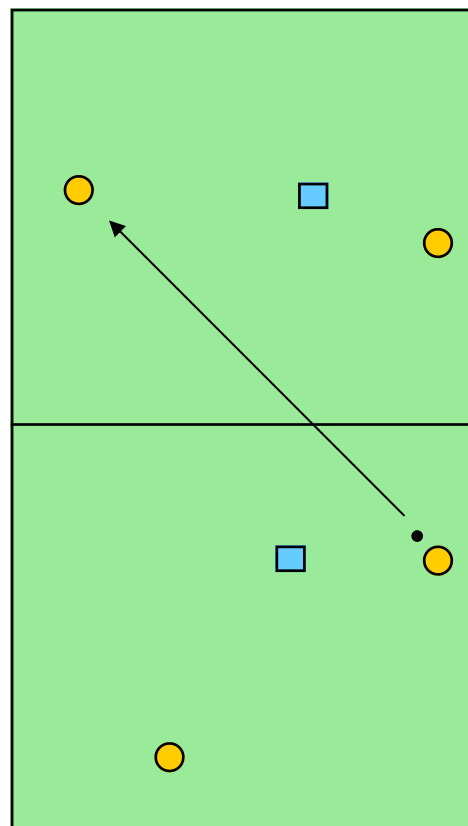
### Practice 2

In this progression another defender and attacker are added to larger area 2v1 in each half. Can the attackers retain possession and look to play the ball between the defenders.

Attackers should constantly adjust their position, to create good angles of support.

In both practices, defenders should be replaced at regular intervals.

20 x 10 - 4 v 2



Practice 2

