



### Four Goal Game

**Set up:** 4v4 to start with, which can increase to 6v6 or 8v8 depending on the size of the area being used and ability of the group of players.

During a normal game of football the players focus will be attacking one target, the goal at the other end of the pitch, however in this particular game, will have far more options. The players are working on the usual techniques needed in the game of football, however there are other things they will need to think of and this will hopefully heighten an awareness of certain aspects of their game.

The teams are still looking to score goals, but in this game they have more targets to attack and by the same token the defenders will need to think about how they defend those goals.

This game will help to promote spatial awareness, switching play, changing the point of attack and support play.

Initially, players can score in any goal, once they score they can look to attack any of the other goals.

The game can be changed so that the teams actually attack one end, with two goals to score in.